



Healthy Habits

1) LOOK, READ and colour

1) I HAVE A SHOWER

2) I WASH MY HANDS

3) I CLEAN MY EARS

4) I BRUSH MY TEETH

5) I COMB MY HAIR

6) I WEAR CLEAN CLOTHES

7) I EAT FRUIT AND VEGETABLES

8) I SLEEP WELL

2) FIND THE HEALTHY HABITS IN THE WORDSEARCH

S	L	E	E	P	W	E	L	L	E
W	A	S	H	H	A	N	D	S	A
E	C	O	M	B	H	A	I	R	T
A	X	V	H	A	V	E	V	N	F
R	Y	S	H	O	W	E	R	H	R
C	L	E	A	N	S	D	F	U	U
C	L	O	T	H	E	S	B	J	I
C	L	E	A	N	E	A	R	S	T

3) MATCH

EAT	WELL
HAVE	VEGETABLES
SLEEP	A SHOWER
WASH	HAIR
BRUSH	HANDS
COMB	TEETH
WEAR	EARS
CLEAN	CLEAN CLOTHES

4) Find 4 habits

cleanearsneatfruitbwashhandsvsleepwellsi